

# New Rush Hall School Menu – WEEK 1

## Weekly menu



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Minced Beef Spaghetti Bolognese Served with Garlic Bread and Sweetcorn	Chinese Chicken in Black Bean Sauce served with Singapore Noodles and Carrots	Oven Roast Chicken with Roast Potatoes, Broccoli and Gravy	Beef Tacos with Salsa and Mexican Rice with Green Beans	Fish and Chips with Peas
Quorn Mince Spaghetti Bolognese served with Garlic Bread and Sweetcorn	Quorn Pieces and Veg in a Sweet & Sour Sauce served with Singapore Noodles	Leek and Potato Pie served with Broccoli	Quorn Mince Tacos with Salsa and Mexican Rice with Green Beans	Pasta Bake
Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna	Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna	Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna	Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna	Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna
Lemon drizzle cake served with custard sauce	Pineapple upside down cake with custard sauce	Apple crumble with custard sauce	Jam and coconut sponge served with custard sauce	Yoghurt pots with granola or ice cream
A selection of sandwiches	A selection of sandwiches	A selection of sandwiches or wraps	A selection of baguettes	A selection of baguettes
A selection of yoghurt pots and fruit pots	A selection of yoghurt pots and fruit pots	A selection of yoghurt pots and fruit pots	A selection of yoghurt pots and fruit pots	A selection of yoghurt pots and fruit pots

# New Rush Hall School Menu – WEEK 2



## Weekly menu

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Beef Lasagne served with Garlic Bread and Salad	Chicken Curry with Steamed Rice and Peas served with Naan Bread	Roast Turkey with Potatoes, Yorkshire Pudding, Carrots, Peas and Gravy	Cottage Pie with Carrots, Peas and Gravy	Beef Burgers with Cheese and Fries
Vegetarian Lasagne served with Garlic Bread and Salad	Vegetarian Curry with Steamed Rice and Peas, served with Naan Bread	Caramelised Red Onion and Goats Cheese Tart, with Potatoes, Carrots and Peas	Vegetarian Cottage Pie with Carrots, Peas and Gravy	Spicy Bean Burgers with Fries
Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna	Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna	Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna	Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna	Jacket Potato served with Cheddar Cheese, Baked Beans or Tuna
Sticky Banana Sponge with Custard	Chocolate Brownie	Apple and Peach Crumble with Custard	Chocolate Cake with Chocolate Sauce	Oat Flapjack
A selection of sandwiches	A selection of sandwiches	A selection of sandwiches or wraps	A selection of baguettes	A selection of baguettes
A selection of yoghurt pots and fruit pots	A selection of yoghurt pots and fruit pots	A selection of yoghurt pots and fruit pots	A selection of yoghurt pots and fruit pots	A selection of yoghurt pots and fruit pots